Hello Brothers and Sisters,

I would first like to introduce myself. My name is Shelly Ravak. I am your Veterans and Family Support chair for this year. I am looking forward to working with all of you as we make this a successful program.

There are a number of ways that you can support veterans and their families and to give you a few it would be unmet needs, suicide prevention and mental health awareness, having them over for dinners, and many more.

I encourage everyone to come to the trainings that are scheduled in August. You will learn so much more at those trainings. One of the things I would like to stress is it is up to each of us to honor our veterans and their families by giving them some of our time. We need to support those that are in needs and those that need encouragement.

I look forward to working with each and everyone of you this year and if you have any questions please feel free to contact me at any time.

Respectfully,

Shelly Ravak

Department Chair for Veterans and Family Support